

Feb 10-11  
Luke 19:1-10  
Freeway  
Step 5 Acceptance  
Dr Chad Garrison

## SERMON / LIFENOTES

1. Labels and life-change Luke 19:1-10
2. Our identity is in Jesus. John 1:12-13, Colossians 3:1-3
3. What defines you?
  - God's love
  - God's Kingdom
  - God's truth

How do you identify people?

## GETTING STARTED

What notes or questions do you have from the message? What was said that made an impact on you?

What notes or questions do you have from the reading/exercises? What was said that made an impact on you?

In the message Pastor Chad said "Our identity is in Jesus". When did you know that your identity was in Christ? If you don't know yet - what is delaying the decision? if you know - when did you declare your identity in baptism? If not, when will you?

Pastor Chad asked "what defines you?" In the question, he discussed God's truth versus people's hurtful labels. What are some hurtful labels people have used to define you? Were they deserved at all? have you broken free of those labels or are they still holding on to your soul?

## MORE QUESTIONS

How might we treat ourselves and others differently if we realized that everyone was a unique creation of God?

When do you feel unlovable? Unworthy? Do you struggle with self-acceptance? Explain.

How can you embrace and love your imperfections and flaws?

Take a look at page 165. Share a couple of situations.

Look at pages 166-167. What identity did you align with the most? Who are you in God's eyes?

Pages 172-173 Share some of what you wrote down.

## TAKING IT HOME

This week, watch your thoughts. When they become negative or destructive, consider where these thoughts are coming from. Pause. Take a breath. Ask yourself: is it from God? Is it from the enemy? Is it helpful, or does it bring you down?

## FOLLOW UP / READINGS

Remember Who You Are:

Day 1 Ephesians 2:10 (Heaven's Poetry) Day 4 1 John 3:1 (Child of God)

Day 2 Deuteronomy 31:8 (Never Alone) Day 5 Colossians 2:10 (Whole in Christ)

Day 3 1 Peter 2:24 (Forgiven)

Day 6 Jeremiah 31:3 (His Beloved)

2 Corinthians 2:15 (Exquisite Fragrance)

Day 7 Galatians 5:1 (Free)

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