



## MESSAGE NOTES

In the Garden, we see:

1. The agony of obedience. vs. 42
2. The danger of temptation. vs. 40, 46
3. The strength from God. vs. 43
4. Victory achieved through submission. vs. 42



## CONNECT

What stood out to you in the sermon? What was significant or interesting to you?

The pastor said Jesus chose the “agony of obedience.” What has been the most difficult act of obedience for you in following Jesus or applying God’s Words? How did that choice of obedience turn out?

The pastor said that in our dark or difficult moments, “God offers strength when we want to be rescued” and that sometimes we are angry or disappointed in those moments. Has there been a time you asked God to rescue you, and God offered strength? How so?



## DIGGING DEEPER

The Bible shows us that the battle against temptation is very real. **Read 1 Corinthians 10:6-13.** What do you learn about temptation from this passage? What everyday temptations do you see listed in these verses?

You don't have to share this with others, but what temptation do you most easily give into?

How do you think pride might lead you to fall into temptation (vs. 12)?

**Reread 1 Corinthians 10:13.** What hopeful truths do you see in this passage when facing temptation?

In what ways have you seen God provide a way of escape when you're tempted?

**Read Hebrews 12:3-6.** What hope does this provide for you to resist temptation and obey God?

## **APPLY**

Make a plan to overcome temptation and sin in your life. Scot Chadwick suggests the following steps to overcoming temptation. 1. Repent and trust in Jesus. 2. Meditate on applicable verses. 3. Put off sin and Put on righteousness. 4. Avoid opportunities to sin. 5. Get honest with God and others. 6. Remember that we ultimately answer to God for our choices. Review <https://accountable2you.com/blog/overcoming-temptation/> for more information.

## **IN THE WORD**

**Day 1** 1 Corinthians 10:6-13

**Day 3** Luke 22:24-38

**Day 5** Matthew 4:1-11

**Day 7** Matthew 26:36-46

**Day 2** Hebrews 12:3-6

**Day 4** Ephesians 6:12-20

**Day 6** James 1:12-15